

BEULAH-HAZEN INVITATIONAL

SEPTEMBER 22, 2020

Location: Black Sands Golf Course, Beulah

Entries: Please enter all athletes on Athletic.net prior to the deadline. If you have any issues with registering, please contact Amber Blackhurst at akblackhurst@gmail.com. Enter all athletes under the high school team; do not use a middle school team. This ensures that all of your athletes will be scored as one team.

Parking and Drop off: Athletes can be dropped off at the entrance to Riverside Park. They will need to walk a short distance to the start/finish area. Team camps and tents can be on the east side of the start fairway. Please distance team camps. Buses and fans should park in Riverside Park. Please do not proceed up the hill to the golf course club house. Parking is limited, and fans and athletes will not be allowed to use the facilities inside the club house. It is imperative that teams and fans practice social distancing while setting up camps, warming up, and spectating. There are no concessions.

Bathrooms: Porta potties will be placed near the park entrance at the bottom of the hill.

Coaches: Please bring your meet entry fees to the officials' trailer located at the start/finish area. Your competitors' numbers will be uploaded to Athletic.net and/or emailed to coaches. Numbers must be written and underlined in marker on the RIGHT hand. Please contact us regarding any questions or issues with your entries. We do not need to be informed of scratches. There will not be a coach's meeting prior to the races.

Meet order: Varsity Boys will race at 12:00 central time, followed by varsity girls, JH/JV boys, and JH/JV girls. We will run a rolling schedule.

Awards: T-shirts will be given to the top 10 in each race, as individuals pass through the chute. Individual and team results will be available on Athletic.net.

Meet Procedures:

- Start and finish areas will be roped off. Athletes and coaches only are allowed in these areas. Please notify your spectators that they will not be allowed to enter the start/finish area
- Teams will be issued a box on the start line. Athletes are not allowed outside of their team's box.
- No athletes at the start line until five minutes prior to their race.

- A five-minute pre-race announcement will be made, and at that time, athletes may congregate at the start line. Athletes are to report to the start line ready to race. Do not bring sweats, water bottles, gear, etc. to the start line; leave them at your team camp.
- At two minutes until race time, all non-competitors must leave the start line
- At one minute until race time, athletes may make their final run-outs and gather behind the start line.
- At 15 seconds until race time, gun is raised. At the whistle, runners should step to the start line and remain motionless. When all runners are motionless, gun is fired, indicating the start of the race.

Finish line procedures: Meet workers only in the finish area. Finish line will culminate with a chute. Once an athlete finishes the race, they should continue walking through the chute, top ten finishers will be handed a t-shirt, and runners should exit the finish area.

Please pick up your team camp at the conclusion of the meet. Thank you to Black Sands Golf Course for the use of their course! This is a fantastic race course and we want to maintain our positive standing at this facility.

Please remind all athletes and spectators to follow social distancing guidelines. We want to give all of our athletes a chance to finish their cross country season and compete in a championship meet!

Thank you for your participation and we look forward to seeing you on race day!

Amber Blackhurst
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